

WHAT IS ADOLESCENT VIOLENCE?

- Power and control are central factors in all forms of family violence
- Violence induces a sense of powerlessness in the other person(s)
- Violence arises from a belief that one is entitled to use violence to get what they want
- Violence is a choice
- Violence is an action
- Violence is an abuse of power
- Violence may be a crime
- Violence is never acceptable and is always the responsibility of the person who carries out the violence

BEHAVIOUR IS CONSIDERED VIOLENT WHEN:

- Others in the family/household feel threatened, intimidated or controlled by it
- If they believe they must adjust their own behaviour to accommodate threats or anticipation of violence

ADOLESCENT VIOLENCE IS NOT

- Violence is not a relationship or a communication problem
- Violence is not anger, sadness, temper, genetic or hard times
- Violence is different to conflict
- Disability, A.D.H.D., O.D.D. and other diagnoses are not conditions that excuse violence