



PARENTS BUILDING SOLUTIONS - For parents, step-parents, grandparents & carers of school-aged children

Come to share experiences and ideas. Discover strategies that work for you

Are you worried about your child?

Is it hard to get them to listen?

Let's workshop topics like:

- How to set boundaries and follow through
- How parents and kids can deal with stress
- Understanding what makes kids "tick"
- Discipline verses punishment - what's the difference?
- Is it really so different from when we were kids?

WHERE: Balla Balla Comm. Centre,
65 Berwick-Cranbourne Rd
Cranbourne

COST: **FREE**

WHEN: Monday evenings
7pm to 9pm
Starts 14th October 2019

BOOKINGS: Bookings Essential

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