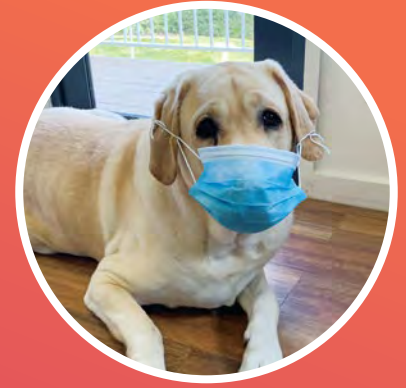


FACE MASKS AND COVERINGS FOR YOUNG PEOPLE IN CARE DURING COVID-19

The government is asking **everyone to wear a mask**. This is to keep **you and others safe**, and if we look after each other by wearing a mask, we will **reduce the spread**.
Wear a mask – be like Zeus.



DO make sure the face covering covers both your nose and mouth.

2

DO remove your mask only touching the straps.

3

DO discard the face covering if it is disposable. If you are using a fabric mask, or cloth face covering place it in a plastic bag.

4

DO clean your hands with soap and water or if that's not available, alcohol-based hand sanitiser, before putting on your face covering.

1

DON'T touch the front of the mask.

7

When cleaning a fabric mask or cloth face covering, **DO** put in the washing machine (preferably on the hot water setting). Only reuse when it is totally dry.

6

5

DO wash your hands again, after touching and removing your mask.

8

DON'T wear your mask hanging under your nose or mouth or around your neck. You won't get the protection you need.

9

DON'T wear the face covering on top of your head, or take it off and on repeatedly. Once it is in place, leave the covering in place until you are no longer in public.